



# KENYON WOODS PHYSICAL EDUCATION

## TEACHER CONTACTS

### **\*\*PE TEACHERS\*\***

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### **\*\*HEALTH TEACHER\*\***

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## OFFICE PHONE

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BOYS' OFFICE EXT 2224

GIRLS' OFFICE EXT 2223

## POLICIES AND PROCEDURES

### **START OF CLASS**

Enter gym through the back hallway directly to locker room. Please be on time. Student will have five additional minutes to dress. Exit locker room and sit on bleachers and wait to go to attendance spot. There is no bell that signals the start of attendance, promptness in the locker room is a must. We will record tardies in the Hero Program for arriving late to the locker room and for being late for attendance place.

### **LOCKS, LOCKERS, AND LOCKER ROOM**

Each student is issued a lock and a locker. Please be sure that your locker is locked and all personal items are secure. Please keep your combination to yourself.

If you are experiencing problems with the lock, or your lock is missing, please check with the teacher that period. Only a school issued lock may be used. Leave your lock at school, on your locker. If the student's lock is lost, a replacement lock can be purchased for \$5.00. We will not give the combination to anyone other than the person to whom it is assigned.

Please use plastic bottles for deodorant. No curling irons or hair dryers are allowed in the locker room, they are a fire and electrocution hazard. Leave ALL your jewelry locked in your locker.

Please help keep the locker room clean by throwing garbage away and keeping gum and candy out of the gym and locker rooms.

### **LOST AND FOUND**

Lost locks can be found in the PE offices. Students should check with the locker room supervisor if their lock is missing.

Students should continue to check for missing locks because they usually show up in a day or two. PE clothes and street clothes, or any other personal belongings found unlocked or on the floor are put in the Lost & Found. It is the students' responsibility to continue to check with the teachers for missing items. We are not responsible for any lost or stolen items. Personal property brought on school grounds remains the responsibility of the student. Students will not be reimbursed for any lost, stolen, or damaged personal item.

### **PE ATTIRE**

Students need to dress in appropriate clothing to maximize participation in physical activity and be successful in class.

*Rental Clothing:* Students have the option to borrow athletic clothing from the PE dept. You will be allowed to rent on any given day during the week. Students must request a rental clothing upon entering the locker room. At this time, students are to pay \$1.00 and give their ID for collateral. IOUs are recorded and students can pay the next day. (You must return rentals to supervisor -please do not leave them in the locker room.)

*Additional clothing* may only be worn for outside activities. Acceptable clothing can be sweat pants or shirt, warm-up suits, wind breakers, gloves, knit hats. Nylons, yoga pants, leggings, or any of the alike articles of clothing should not be worn.

Students need to be dressed safely in appropriate clothing and footwear to maximize their participation.

**\*\*In order to benefit and honor the diverse needs of our student population, the curriculum teams reserves the right to amend this syllabus at any time.\*\***

# POLICIES AND PROCEDURES

## MEDICAL AND RELIGIOUS ACCOMMODATIONS AND MODIFICATIONS

If you are ill or cannot participate in P.E. for a period of three days or less, you need to bring a note signed by your parent or guardian explaining the reason why.

If you cannot participate for a period longer than three days you need a note from your doctor or clergy on letterhead from the place of worship explaining the reason why.

The note is due one week from the first day of your non-participation. You will still dress for activity and take the note to your teacher. You will not be required to participate in the assigned physical activity, only dress and complete an alternate assignment/activity if possible. Each request for an extended accommodation will be reviewed by the teacher and school administration on a case by case basis.

## UNITS OF STUDY

- Moderate to Vigorous Activities
- Fitness Concepts
- Movement Principles

## ABSENCES, RETAKES, AND MISSED WORK

If a student is absent from class or misses an activity for any reason, including in-school suspension, the student is responsible for making up missed work. There can be homework, quizzes, or tests that a student may need to make up. Missing work or retakes can be made up until the end of the quarter.

## GRADES

**Viewing Grades:** All teachers use the online grade book, Infinite Campus. You can access grade book through the Infinite Campus Portal icon on the right side of the u-46 website. Instructions for logging on can be found in the Handbook.

**Grading Policy:** At all U-46 middle and high schools, we use fair and equitable grading practices that are based on student achievement and aligned to state and national standards. These common grading practices, which should be consistent across U-46 schools, are intended to demonstrate that students have the knowledge and skills necessary for the next level of a course, the next grade, and are prepared for college and the workforce.

The U-46 Teaching and Learning Department is working to standardize grading practices to provide clear and specific learning standards that are shared with students, parents,

teachers, and administrators. These standards establish what a student must know and be able to do in order to show proficiency in the content of a course.

Standardized grading practices provide a clearer picture to students and families as to what grading criteria is used and the district's expectations of student learning and achievement.

## STANDARDS BASED GRADING

4 = Mastery: Tasks or the target of instruction allow students to apply their knowledge and skills to new or related situations or scenarios. A mark of 4 indicates not only evidence of application and analysis but also includes synthesis and evaluation.

3 = Proficient: Tasks or the target of instruction consist of complex knowledge, skills, application, and analysis.

2 = Basic: Tasks are basic recall and simple skills which include knowledge and comprehension.

1 = Below Basic: There is some evidence of emerging simple skills, gaps in knowledge and unreliable comprehension skills.

0 = No Evidence: There is no evidence of learning including missing work and incomplete work.

## EQUIPMENT

Treat the equipment with respect as if you were the owner of it. It is not safe for anyone to be hanging on basketball hoops or nets. We ask that all equipment be **placed** in the carts. If given permission from the teacher, students may enter the equipment rooms.

## HEART RATE MONITORS/IPAD/Video Use in PE

Videoing during skill and game play will be utilized to enhance student learning and for individual, peer and teacher feedback and assessment. Students will be using heart rate monitors to enhance learning and check levels of progress in class.

## DISCIPLINE

Profanity, other negative language, bullying, or excessive noise will **NOT** be tolerated. We ask that you be respectful to all teachers and students. Problems that arise will be dealt with individually and calls or emails home, detentions or referrals to the office may be used to remedy the problem.

**We ask that you Respect others and act responsibly:**

- **Respectful to yourself**
- **Respectful to others**
- **Respectful to the environment**

### **ELECTRONIC DEVICES**

Any electronic devices such as, but not limited to cameras, iPods, cell phones, radios, etc... are not to be brought into the locker rooms. Using these and similar items will result in a referral to the office. We are not responsible for any electronic device lost or stolen in the locker room.

### **PE DETENTIONS**

Students who are given a PE detention are to be at school from 8:30 – 8:50 and report to the gym. PE detentions are usually scheduled on Thursdays of every week. Students receiving a PE detention will be given a week in advance notice. Parents will be contacted by phone or email letting them know of this PE detention. Any questions or concerns...please contact the teacher directly.

### **MISCELLANEOUS**

Use the washrooms before coming to class. You may not return to the building when we are outside on the fields.

During class, students may get drinks, with permission, during non-instructional time.

Students must remain in the locker room at the end of the period. You may leave in an orderly manner when the bell rings.

## **SAFETY PROCEDURES**

FIRE ALARMS: Students must exit quickly and quietly by the nearest exit and stay together as a class. (Meet your teacher outside for attendance) (Keep quiet for further instructions)

TORNADOES: Students must move single file and quietly to the designated location, kneel on the floor facing the lockers with their heads down and hands protecting their heads. You must be quiet and listen for directions.

LOCK DOWNS: Students must quickly listen to directions from their teacher and be quiet.

POWER OUTAGE: In case of a power loss, stop whatever you are doing, hold on to equipment, and be quiet. Backup lights come back on very quickly, if they don't, you must be quiet and listen for directions.

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### **DREAMS**

"A dream is in the mind of the believer, and in the hands of the doer"

"You are not given a dream,  
without being given the power to make it come true."

Author Unknown

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